



Attention
Calling all Calorie Counters
Dieters
&
Conscientious Foodies

Plum Street Gourmet is very pleased to announce an exciting new program developed with you in mind.

Beginning April 4, 2011, we will be offering an innovative take on take-out. Preset offering of four freshly prepared, packaged, single portion meals, all fewer than 500 calories for \$40.00 and all with the total number of Calories, Sodium, Fat, Carbs, Protein and Fiber listed. It's like having your own personal dietician and chef without the expense.

You know how difficult it is to come home after a full day of work, errands, children's activities and stress and still attempt to create a nutritious, delicious meal. This program allows you to just reheat and serve a palate pleasing, health conscious, portion controlled, delectable dinner without the shopping, preparation or clean up involved.

Just imagine what you could do with those additional hours not spent in the kitchen! Take a family walk, help the kids with homework, visit with friends or just decompress and enjoy a few precious moments for yourself.

This is a brand new program for us and you, our highly valued customer. During the launch of the program, no substitutions will be accepted. At the end of the month we will gather all of the feedback and adjust the program as needed. As such, the offerings will continue to evolve based on our experience and your very important input. Suggestions are always welcomed at Plum Street Gourmet so we strive to provide the finest in quality food and service. Please call or e-mail us to embark on your new, healthy food journey!

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